



CURRICULUM VITAE

Saadia Sultana
MBBS, MCPS, FCPS, MCPS-HPE
Prof Of Obstetrics & Gynecology
Chairperson Curriculum Committee, IIMC, RIU-Pak
Medical educationist
Editor Of JIIMC
Senior Mentor
Supervisor/Examiner/Facilitator of National/International
Exams/ Workshops/Courses

PERSONAL DETAILS

Name: Saadia Sultana D/O Makhdum Ali
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I am Prof of Gynae/Obs dept and head of group -2 at Railway Teaching Hospital, IIMC-T, Riphah International University, Islamabad. I am married with three kids. I have more than 20 years' experience in independently managing day to day as well as emergency patients including major and complicated Obs/gynae surgeries, conducting clinical trials, organizing national and international conferences / workshops /Seminars, ward management, teaching faculty of medical education, conducting workshops CPSP medical education dept, faculty of ALSO provider course, managing students/departmental records, making examination papers, taking exams

of undergraduates/postgraduates, delivering lectures, conducting problem based learning sessions / small group discussions, taking OSCEs/TOACS etc. I am an active member/facilitator of different national/international fellowship/supervisory skill courses. A versatile and highly qualified doctor with deep interest in research, teaching under-graduates, post-graduates, faculty as well as paramedical staff. I have a special interest in medical education and have already done my post-graduation in medical education (MCPS-HPE) and now part of teaching faculty of medical education department of our institution. I am chairperson curriculum committee of IIMC-t and taking deep interest in updating/upgradation of the curriculum according to the national and international standards.

PROFESSIONAL QUALIFICATIONS

Primary Medical Qualification: M.B. B.S. 1991 Fatima Jinnah Medical College, Lahore, Pakistan

Post Graduate Specialist Qualification:

- MCPS in Obstetrics & Gynecology 2005: College of Physicians and Surgeons, Pakistan
- **Fellowship:** F.C.P.S. in Obstetrics & Gynecology: College of Physicians and Surgeons, Pakistan- February 2006
- MCPS- HPE (Health Profession Education): College of Physicians and Surgeons, Pakistan – 2016
- Lifestyle medicine Certificate course 2021Gold medalist

MEDICAL REGISTRATIONS

Full registration with Pakistan Medical and Dental Council. Registration No: 27428-P

IMPORTANT MILESTONES / APPOINTMENTS/RESPONSIBILITIES

- **Head of Gynae/Obs unit-2**, Pakistan Railways Hospital, Islamic International Medical College (IIMC), Rawalpindi
- **Professor of Gynae/Obs Department** IIMC, Pakistan railway hospital
- **Supervisor MCPS/ FCPS** Trainees in **Gynae/Obs** at IIMC, MUMS
- **Editor** of The Quarterly "Journal of Islamic International Medical College"(JIIMC) -since 2009
- **Chairperson of "Curriculum Development committee"** Islamic International Medical College, Riphah International University
- **Reviewer of HEC -NRPU projects**
- **Active member of medical education dept and teacher & examiner of CHPE & MHPE**

- **Director Reproductive Module** for 4th year MBBS at Islamic International Medical College.
- **Member clerkship module** for final year MBBS at Islamic International Medical College
- Member of the "Patient Welfare Society" at Pakistan Railway Teaching Hospital Rawalpindi
- Member clinical wing of the Proctorial Board of Islamic International Medical College since 2011
- **Mentor** Class 4th year MBBS students since 2014
- **Faculty Member Gynae/Obs** Pathology, College of Physicians and Surgeons, Pakistan
- **Member promotion/induction board Air University**
- Examiner of MS – SZABIST
- President IISWA
- MBBS - Fatimah Jinnah Medical College-1990-91
- MCPS - Obs/Gynae-2004
- FCPS - Obs Gynae- February-2006
- MCPS-HPE (CPSP) 2016
- Lifestyle medicine Certificate course 2021Gold medalist
- Examiner undergraduate and postgraduates
- Examiner MS, DGO,
- Examiner MCPS, FCPS (CPSP)
- Examiner Medical Education CHPE
- Supervisor CPSP
- Lifelong Member SOGP
- Lifelong Member SOLES
- Instructor of instructors ALSO course/workshop CPSP
- Instructor of instructors MVA course/workshop CPSP by I-PAS
- Attended Multiple Courses on Laparoscopic and on Prenatal Diagnosis etc
- Course of Diagnostic Ultrasound from City Ultrasound Institute, affiliated with Toranomon Institute of Diagnostic Ultrasound, Tokyo, Japan.
- Organized and participated in many National & International Conferences (conducted workshops and oral/poster presentations were given in these events)
- Member Board of Faculty (Riphah International University)
- Module Director of gynae/obs module 4th year MBBS
- Served in Pakistan army as Consultant Gynaecologist at Garrison Health Centre Bahawalpur, affiliated with CMH Bahawalpur from March 2006 to September 2006.

Internship- (HOUSE JOBS)

- Gynae/Obs, 6 months from 10th November 1994 to 9th May 1995 at Sir Ganga Ram Hospital, Lahore.
 - Gynae/Obs, 6 months from 1st Sept 1995 to 29th Feb 1996 at Holy Family Hospital, Rawalpindi.
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FELLOWSHIP TRAINING

- PG part-II trainee Gynae/Obs First Year Resident from 1st Sept 1998 to 31st Aug 1999 at Ayub Teaching Complex, Abbottabad.
 - PG part-II trainee Gynae/Obs (One year), 1st Sept 2002 to 21st Sept 2003 at Holy Family Hospital, Rawalpindi.
 - PG Part-II trainee Gynae/Obs, 22nd Sept 2003 to 28th Feb 2005 at IIMC-Railway Teaching Hospital, Rawalpindi.
 - PG Part II trainee, elective rotation from 1st March 2005 to 31st Aug 2005 in Anaesthesia Department at IIMC-Railway Teaching Hospital, Rawalpindi.
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INTERESTS

- Teaching
- Curriculum Development
- Clinical work and surgeries
- Research (Author of many research papers and case reports in national and international journals)
- Editing Research Articles
- Medical Education
- Book Reading
- Socializing
- Keen interest in mentoring
- Special interest in the grooming & training of residents & students
- Swimming and
- Travelling etc

HONOURS AND AWARDS

- Letter of Appreciation (2013) by Islamic International Medical College, Rawalpindi
- **Employee of the year Award** at IIMC-T, Riphah International University
- Presented a Paper in 2000 at gynae/Obs conference Lahore and won **Gold Medal**
- **Best Mentor award, IIMC**
- Lifelong Member SOGP

- Lifelong Member SOLES

WORKSHOPS/CONFERENCES /SEMINARS/COURSES/PAPER PRESENTATIONS-CONDUCTED & ATTENDED/ACADEMIC ACTIVITIES/CLINICAL PRESENTATIONS

- Won first prize in paper presentation- international Conference in lifestyle medicine (ICLSM) (2-5 Dec 2021)
- Key note speaker in international Conference in lifestyle medicine (ICLSM) (2-5 Dec 2021)- Preconception care
- Chair session on Longevity & the reasons international Conference in lifestyle medicine (ICLSM) (2-5 Dec 2021)
- Conducted Preconference workshop on latest updated on contraception 16-12-2021 for international conference of SOGP
- Facilitated 03 days' workshop on Educational Planning and Evaluation at CP&SP regional Centre, Islamabad from 09- 11 December 2021
- Conducted workshop for faculty on curriculum upgradation July 2021
- Examiner & paper setter MS Obs gynae SZABIST Univ November 2021
- Teamwork & leadership workshop- Dr yawar 1 july 2021
- FCPS -2 8-10 July & then in October November 2021
- EPEV 24-26 June 2021
- RCOG JUNE 2021
- Conducted Preconference Workshop on March 31, 2021 on “Facilitate Your Students Using OMP’s; Time Efficient Teaching” in ICME 2021 Virtual conference 01 – 04 April, 2021
- Conducted Conference Workshop on “effective Feedback; Why, how and how not to do it!” in ICME 2021 Virtual conference 01 – 04 April 2021
- Conducted 03 days' workshop on “Educational Planning and Evaluation” at CP&SP regional Centre, Islamabad from 25 – 27 January 2021.
- Conducted 03 days' workshop on Educational Planning and Evaluation at CP&SP regional Centre, Islamabad from 12- 14 March 2020
- Conducted 04 days' workshop on Educational Planning and Evaluation at CP&SP regional Centre, Islamabad from March 2019
- Conducted a Workshop on “On One Minute Preceptor” at Foundation University medical College, DHA-I, Islamabad on 20 October 2019 on ICME- 2019.
- Conducted a Workshop on “Effective Feedback” at CPSP Karachi
- Have arranged a “Seminar on Diabetes Mellitus” at IIMC, Rawalpindi on Nov 14, 2015
- Member of the “**Scientific Committee of International Conference on Medical Education (ICME- 2015), at Istanbul- Turkey**
- Member of “**Evaluation Committee, Islamic International Medical College**”
- Module planner and module director of “**Clerkship Module& Reproductive Module – Since 2009**”
- Task force member of different modules of the MBBS program
- Member of the “**Curriculum development and restructuring team at RARE**”, IIMC Rawalpindi

- Conducted a workshop on **“Preparation of Learning Objective”** for the senior faculty of Islamic International Medical College in 2010.
- Organized and conducted a workshop on **“MVA and post abortion care”** at Pakistan Railways Hospital in 2010
- Member of the Scientific committee of **1st National Conference held in March 2010 “Health for all”** at Almizan complex Islamic International Medical College Rwp
- Organizer of local Chapter meeting of SOGP at Almizan Complex multiple times
- Lectures to PG trainees, Medical Officers, House Officers and Nursing staff of PRH on:
 - Subfertility
 - Maternal mortality
 - Minor and major gynecological procedures
- ICME -2019 PCW 19/10/19
- OMP and feedback
- October 19, 2019 Foundation university, Rawalpindi
- ICME 2019, Paper presentation mini cex October 21, 2019 pak China friendship centre, Islamabad
- ICME –2019, Paper presentation, student engagement, October 22, 2019 pak China friendship centre, Islamabad
- ICME - 2019, Moderator symposia 3 , CPD. October 21, 2019 pak China friendship centre, Islamabad
- ICME - 2019, Chairperson of session of paper presentation, October 22, 2019 pak China friendship centre, Islamabad
- ICME - 2019, Talk on simulation based medical education “Meet the expert” October 22, 2019 pak China friendship centre, Islamabad
- Reviewer of ICME abstracts May/June 2019 Rare ALMEZAN
- FCPS, MCPS, IMM, Preparatory Course 16-20 September, 2019 Railway Hospital
- ALSO course (US based international course) December 27/28 2019 CPSP regional center, Islamabad
- Only external member of promotion board Air University may 29, 2019 Air University Campus, Islamabad
- Facilitator in Certificate course health professionals HPE two courses July 15-20, 2019 Almezan Campus
- RCOG international conference Obs/Gynae 16-20 June 2019 London, UK
- Conducted 03 days’ workshop on Educational Planning and Evaluation 12- 14 March, 2020 CP&SP regional Centre , Islamabad
- Conducted 03 days’ workshop on Educational Planning and Evaluation 25 – 27 January, 2021 CP&SP regional Centre , Islamabad
- Conducted 02 Hrs Virtual Conference Workshop on “effective Feedback; Why, how and how not to do it!” – 4 April 2021 International Virtual conference on Medical education , Malaysia
- Conducted 04 hrs Virtual Preconference Workshop on “Facilitate Your Students Using OMP’s; Time Efficient Teaching”! – 4 April 2021 International Virtual conference on Medical education , Malaysia
- Participated in ICME 2021 Virtual Conference 01 – 04 April 2021 International Virtual conference on Medical education , Malaysia

- Paper presented on “Effect of adopting Life Style Modification Plan in middle aged female with Metabolic Syndrome” 1 – 4 April 2021 International Virtual conference on Medical education , Malaysia
- Intensive Revision Course (FCPS, MCPS, IM) Intensive Revision Course (FCPS, MCPS, IM) Railway Hosp/Al-meezan
- Workshop on Manual Vacuum Aspiration (MVA) May 2017 Railway Hosp/Al-meezan
- Workshop on labour ward skills for trainees July 2017 Railway Hosp/Al-meezan
- Intensive Revision Course (FCPS, MCPS, IM) August 2017 Railway Hosp/Al-meezan
- Local Chapter Meeting/Seminar: Society Of Obstetricians & Gynecologists Of Pakistan September, 2017 Railway Hosp/Al-meezan Seminar: Menopause Current Challenges, Guidelines and trends October 2017 Railway Hosp/Al-meezan
- CPC/Seminar: Gestational Diabetes – Latest Trends and new guidelines in management November, 2017 Railway Hosp/Al-meezan
- Preparatory course: Post-graduated (TOACS & Long Cases) December 2017 Railway Hosp/Al-meezan
- ICME international conference on Medical education March 2018 Abu Dhabi
- Updates on contraception- first national congress on gynaecology (NSC) 15-16 December 2018 Auditorium Shifa Int Hosp, Islamabad
- 1st National Conference “Health for all” 18 – 19 April, 2010 Islamic international Medical College Rwp
- Bibliography and Referencing March, 2011 Riphah International University
- Selecting and Developing Assessment Tools for Theory Exams 9 – 10 Aug, 2011 RARE, IIMC
- Healthy Timings and Spacing of Pregnancies and Post Abortion care April 12, 2012 Marriott Hotel, Islamabad
- Maternal Health April 12, 2012 Marriott Hotel, Islamabad
- XIVth International Science Conference, society of Obstetrics and Gynecology of Pakistan April 13 – 15, 2012 Sarena Hotel Islamabad
- Scientific Session of CPSP May 5, 2012 Pearl Continental Hotel Islamabad
- Women Centered Post Abortion Care May 25, 2012 PIMS, Islamabad
- Constructing an Effective PBL Package June 25 – 28 2012 RARE, IIMC
- Misoprostol for Prevention and Treatment of Post Partum Haemorrhage and Postabortion Care Update on Contraceptive Methods Nov 16 -17, 2012 CPSP Islamabad.
- Research Methodology, Biostatistics & Medical Writing 09 – 12 January, 2013 CPSP, Regional Centre Islamabad.
- Educational Planning & Evaluation 16 – 19 January, 2013 CPSP, Regional Centre Islamabad
- Assessment of Competence 21 – 24 January, 2013 CPSP, Regional Centre Islamabad
- Supervisory Skills 14-17 April 2013 CPSP, Regional Centre Islamabad
- Essential skills in educational research 15th March 2013 Rare conference hall Al-mizan. Rawalpindi
- International Symposium on gynae/Obs/Infertility 15th June 2013 Abjar Grand Hotel Dubai

- Took a session on IUI and contraception in FCPS-II course by CPSP May/June 2013
CPSP, Regional Centre Islamabad
- Advanced Trauma Life Sport (ATLS) 18-21 Nov 2013 CPSP, Regional Centre Islamabad
- International Conference on Medical Education 4-6 Oct 2013 Balaclava, Mauritius
- Tools for teachers professional development 2nd Oct 2013 Balaclava, Mauritius
- Setting standards in written performance based assessment 3rd Oct 2013 Balaclava, Mauritius
- Organized meeting of SOGP September 3013 Railway Teaching Hospital Rawalpindi
- Organized post graduate course for FCPS-II exam April 2013 Railway Teaching Hospital Rawalpindi
- Organized, participated & conducted seminar on diabetes August 2013 Railway Teaching Hospital Rawalpindi
- Presentation on maternal mortality July 2014 Holy Family Hospital auditorium
- Attended “VLE Training Workshop” 31 March 2014 Al-mizan Campus Rawalpindi
- Workshop on “Educational Leadership”- from 13 to 14 March 2014, DME, CPSP, Karachi
- Attended Workshop on “Personal Development Planning” April 17, 2014
RARE, Al-mizan Campus, Rawalpindi
- Organized SOGP meeting October 23 2014 Al-mizan Campus, Rawalpindi
- Communication Skills, 24-26 March 2003, CPSP Islamabad
- Introduction to Computer & Internet 15-19 Sep 2003 CPSP Islamabad
- Primary Surgical Skills 8-9 Sep 2003 CPSP Islamabad
- Research Methodology, Biostatistics & Dissertation Writing 20-23 Oct 2003
CPSP Islamabad
- National Workshop on Thalassaemia 13-14 Dec 2003 PC Rawalpindi
- Chorionic Villous Sampling & Amniocentesis 14 Dec 2003 PC Rawalpindi
- Guide lines in Transfusion Medicine 23-24 Jan 2004 AFIP Rawalpindi
- Medical statistics October 2004 AFIP Rawalpindi
- PAP Conference December 2003 AFIP Rawalpindi
- Cardiac Life Support 29-31 May 2005 IIMC Rawalpindi
- National Seminar on Gynae-Urology and workshop on Urodynamics 26 Feb 2005
Army Medical College, Rawalpindi
- *Nutrition* and Management of Cancer Pain 16 Feb 2005 IIMC Rawalpindi

- First Biennial Course in Chemical Pathology and Endocrinology
 - 18-20 Aug 2006
 - AFIP rawalpindi
 - Essential Competencies in Medical and Allied Teaching 14 – 18 April, 2008
RARE, IIMC
 - 12th Biennial Conference of SOGP 29-31 Aug 2008 PC Bhurban
 - International Conference on Medical Education Jan 24, 2009 PIMS, Islamabad
 - Manuscript Preparation and Publication Tips Jan 25, 2009 RARE, IIMC
 - International conference on Medical Education 26-27 Jan 2009 Convention Centre Islamabad
 - 33rd PAP National Conference 6 – 8 Nov, 2009 PIMS, Islamabad
 - ICME - 2019, Talk on simulation based medical education “Meet the expert” October 22, 2019 pak China friendship centre, Islamabad
 - Seminar: Menopause Current Challenges, Guidelines and trends October 2017 Railway Hosp/Al-meezan
 - CPC/Seminar: Gestational Diabetes – Latest Trends and new guidelines in management November, 2017 Railway Hosp/Al-meezan
 - ICME international conference on Medical education March 2018 Abu Dhabi
 - Updates on contraception- first national congress on gynaecology (NSC) 15-16 December 2018 Auditorium Shifa Int Hosp, Islamabad
 - Oral Presentation “Learning the Pelvic examination by Clerkship Medical Students: Evaluating Skills by Standardized patient model” at ICME 2013 4-6 Oct 2013 Mauritius
 - Presented “Latest guidelines and their clinical implications on GDM” in Seminar August 2013. Railway Teaching Hospital, IIMC-t, Rawalpindi
 - Oral presentation “Paripartum Hystrectomy- A Ten Years Review” SOGP Local Chapter Meeting, Sept 2012 PRH, IIMC.
 - Oral Presentation” Low Backache in Veiled Multipara Women: Prevalence and Response to Treatment” 6th Annual PIMS Symposium Dec 19, 2009 , PIMS, Islamabad
 - Poster presentation in Glasgow Scotland on “Prevalence of Backache and Dramatic Response to Cost Effective Treatment in Women of Underdeveloped areas of Pakistan”. August 2008 Glasgow Scotland
 - Oral presentation in SOGP international conference on “*Low Amniotic Fluid Index in High Risk Pregnancy and Poor Apgar Score at Birth*” in August 2008. SOGP international conference, Islamabad
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RESEARCH AND PUBLICATIONS

- An Editorial "Striving Towards Excellence in 'Student Engagement': Sharing Experiences" published in the Journal of Society of Obstetricians and Gynecologists in November, 2020- J Soc Obstet Gynaeco. Pak. 2020; Vol 10. No.1
- -EDITORIAL: History of Contraception JIIMC, dec 2019
- **Original Article; Effect of Mentoring on Professional Development of Medical Students**, JIIMC. 2019; 14(3): 160-164
- **Original Article; "The teachers and undergraduate medical students' perceptions regarding challenges of effective feedback in clinical clerkship"- submitted for publication.**
- **Editorial in JIIMC March 2019; "First Trimester Miscarriages: Medical or Surgical Outpatient Management."**
- **Editorial in JIIMC Sep 2018; "An Updated Overview on Polycystic Ovarian Syndrome."**
- **Original Article; "Learning Professionalism in Medical College: Perspective of Medical Students" published in JIIMC, Vol 13, no1, March 2018**
- **Original Article; "Mini-CEX: Feasibility, acceptability and effectiveness of its use in the learning of post graduate residents" published in PAFMJ 2018**
- **Original Article; "Learning the Pelvic Examination by Clerkship Medical Students: Evaluating Skills by Standardized Patient Model." published in PJP 2016.**
- **Original Article; "Patients' Attitude towards medical Students in a Teaching Hospital of Pakistan." Published in JIIMC- April 2014, Vol. 9, No. 1- Special Issue on Medical Education.**
- **Original Article; "OSCE – A teaching tool", Published in Pakistan Journal of Medical & Health Sciences – Jul- Sept 2013; Vol 7 :588-591.**
- **Original Article; "Emergency Peripartum Hysterectomy in Pakistan Railway Teaching Hospital Rawalpindi: Eleven Years Experience", published in JIIMC Dec 2013; vol 8 :103-109.**
- Abstract of original research project **"The Learning of Pelvic Examination by Clerkship Medical Students: Evaluating skills by Standardized Patient Model"**. Published in JIIMC supplement for ICME 2013.
- Abstract of original research project **"Patient's Attitude towards Medical Students in a Teaching Hospital of Pakistan"**. Published in JIIMC supplement for ICME 2013

- Original Article **"Low Backache in Veiled Multipara Women: Prevalence and Response to Treatment"**, Published in International Journal of Pathology July – Dec, 2011; Vol 9(2): 55-58.
- Original Article **"Maternal and Fetal Outcome of Pregnancies in Umbilical Cord Problems"** published in JIIMC Dec 2011; Vol 6, No.2: 14–18.
- Original Article **"External Cephalic Version (ECV) for Breech Presentation at Term: Experience at Railway Hospital"**. Published in JIIMC Dec 2011; Vol 6, No.2: 14–18.
- Original Article **"First-degree relatives of type 2 diabetes patient: at a risk to develop diabetes and impaired glucose regulation"**. Published in Pakistan Journal of Pathology 2011(July – September); Vol 21, No.3: 102- 107.
- Original Article **"Impact of labour and delivery simulation classes in undergraduate Medical learning"**. Published in JIIMC 2010; Vol 5, No.1: 9–14.
- Original Article **"OSCE as an assessment tool: perception of Undergraduate Medical Students"**. Published in Anaesthesia Pain & Intensive Care Dec 2009; Vol 13, No.2: 65-67.
- Original Article **"Teaching about Prenatal Diagnosis with Objective Structured Clinical Exams- A pilot Study"**. Published in JIIMC 2009; Vol 4, No.2: 48–51.
- Original Article **"Obstetrical management and fetal outcome in high risk pregnancy with low amniotic fluid index"**. Published in JIIMC 2009; Vol 4, No.2: 34-38.
- Original Article **"Study Review of 250 cases of Caesarean Section at Railway Teaching Hospital"**. Published in JIIMC 2009; Vol 4, No.1: 16-20.
- Original article **"Low Amniotic Fluid Index in High Risk Pregnancy and Poor Apgar Score at Birth"** published in JCPSP October 2008; Vol 18: 630-634.
- Original article **"Fetal outcome in pregnancy with anaemia"** published in Pakistan Journal of Pathology June 2008; Vol 19, No. 2: 53-57.
- Original article **"Impact of New Diagnostic Criteria of Diabetes Mellitus"** published in JCPSP June 2007; Vol 17, No.6: 327-330.
- Original article **"Impaired Fasting Glucose Individuals: Their Response to Oral Glucose Challenge"** published in Pakistan Journal of Pathology Dec 2006; Vol 17, No. 4: 151-155.
- Author of the Original article **"Colposcopy an excellent office tool for Gynecologists"** published in JIIMC in Dec 2008
- Author of a case report on **"Pregnancy Outcome in Bernard-Soulier Syndrome Complicated by Preeclampsia"** published in J Turkish-German Gynecol Association.

Paper & other presentations national & international

REFERENCES

Prof. Masood Anwar, HI(M)

Maj Gen (R)

B.Sc., M.B.B.S., MCPS (Clin Path), FCPS (Path)

Consultant Haematologist and Stem Cell Transplantation

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